



State of Maryland

Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

Minutes

June 19, 2012

Maryland Advisory Council Members: Gerald Beemer, M. Sue Diehl, Chair; Mike Finkle, Joshana Goga, Joanne Meekins, Anita Solomon

Maryland Advisory Council Members Absent: Richard Blair, Michele Forzley, Livia Pazourek, Robert M. Pender, Vice-Chair; Charles Reifsnider, John Scharf, Anthony Swetz, Jr., Robert Turner, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

PL 102-321 Council Members Present: Carol Allenza, T.E. Arthur, Sarah Burns, Coordinator; Peter Cohen, Chicquita Crawford, Herb Cromwell, R. Terence Farrell, Duane Felix, Vira Froehlinger, A. Scott Gibson, Victor Henderson, Julie Jerscheid, Steven Kinney for Tracee Bryant, George Lipman, Cynthia Petion, Sarah Rhine, Kathleen Ward, Phoenix Woody

PL 102-321 Council Members Absent: Lynn Albizo, Naomi Booker, Catherine Drake, Kate Farinholt, Gerri Gray, Diane Herr, Michael Ito, Michael Lang, Sharon Lipford, Coordinator; Dan Martin, Jacqueline Powell, Linda Raines, Sheryl Sparer, Jane Walker

MHA Staff Present: Brian Hepburn, Clarissa Netter, Robin Poponne, Iris Reeves, Tom Merrick

Guests and Others: Dennis McDowell, Own Our Own of Montgomery County; John Turner, Dorchester Hospital; Alice Harris, Maryland State Department of Education; Ann Geddes, Maryland Coalition of Families for Children's Mental Health; Gail Stansberry

c/o Mental Hygiene Administration

Spring Grove Hospital Center – 55 Wade Avenue – Dix Building – Catonsville MD 21228 – (410) 402-8473

TDD for Disabled – Maryland Relay Service (800) 735-2258

Healthy People in Healthy Communities

INTRODUCTIONS/ADOPTION OF MINUTES:

The meeting was called to order by Council Chair, Sue Diehl. Attendees introduced themselves and the draft minutes of the May 15, 2012 meeting were approved. Please note that the approved minutes will be posted on the Mental Hygiene Administration's (MHA) Web site at www.dhmh.maryland.gov/mha. The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

ANNOUNCEMENTS:

- Vira Froehlinger announced that she is retiring after 55 years in the fields of public education and health services. She will remain a member of the Council; however, Alice Harris, the Chief of Family Support and Interagency Services, worked closely with Dr. Froehlinger at the Maryland State Department of Education (MSDE) and will become the designated MSDE representative.
- The Planning Committee of the Maryland Joint Council will meet at MHA to review the draft FY 2013 State Mental Health Plan on July 17, 2012 from 10:30 to 2:00. Committee members should RSVP to Greta Carter at gcarter@dhmh.state.md.us or call 410-402-8473. Additional information will be mailed.
- On Our Own of Maryland's (OOOMD) 20th Annual Statewide Consumer Conference took place June 7-8 at Rocky Gap Lodge in Flintstone MD. The theme was "The Tao (Chinese word for way or path) of Possibilities". This year a record number of people – 380 – attended.
- Carol Allenza of the Maryland Coalition of Families for Children's Mental Health (MCF) announced proposed federal legislation put forth by Kerry/Grasley to extend the 1915 (c) waiver which allows the provision of services in home and community-based settings within the Medicaid Program. She urged members to contact their congressional representatives and ask them to support the bill.
- Cynthia Petion announced that the 2012 SAMHSA National Block Grant Conference will take place in Baltimore on July 30-August 1 at the Marriott Waterfront Hotel. As in the past, there will be a special meeting during the evening of July 31st, conducted by the National Association of Mental Health Planning Advisory Councils (NAMHPAC). The theme will be "*Mental Health & Substance Abuse, Prevention and Treatment Block Grants: Cornerstones of Behavioral Health Services System*". Three representatives will attend - the adult mental health planner, one member of the State Mental Health Planning and Advisory Council, and the children's mental health planner. If you are interested in attending, in addition to these representatives, please contact Cynthia Petion, before July 6th, at 410-402-8473.
- Ms. Petion also introduced Sudha Sarode, MHA's newest staff member, who will be working on block grant and health care reform activities.
- On June 11th, support staff from MHA and from ADAA met to discuss a process to bring the representatives of the Joint Council and the State Drug and Alcohol Abuse Council together. It was decided that a work group would be convened to include three representatives from each council. On July 19th, executive representatives from both councils will come together to discuss future efforts.

THE DIRECTOR'S REPORT:

MHA's Executive Director, Brian Hepburn, M.D., provided the following Director's Report:

Dr. Hepburn congratulated OOOMD for a successful conference and MCF for recent activities which raised public awareness of Children's Mental Health Matters.

Behavioral Health Integration Update:

- Workgroups are underway to engage stakeholders in the behavioral health integration process. Chuck Milligan, DHMH's Deputy Secretary of Health Care Financing, continues to lead efforts of moving forward toward behavioral health integrated care.
- Updates are posted on DHMH's Web site from the Linkages Workgroup which identifies the components of a good system of care. A matrix was developed to include stakeholder's ideas of what an ideal system would include. Council members who were present were invited to write additional ideas and comments toward this process.
- In addition to the Linkages workgroup, the larger Behavioral Health Stakeholders' Group is also exploring various topics such as:
 - What other states are doing to achieve behavioral health integration and what could apply to Maryland
 - How to define and assign risk – profit margins, overspending, under spending, making adjustments as needs and numbers of people change, measured outcomes, etc.
 - Incentives, not only for the care management level but consideration of real incentives at the consumer level; ways to keep consumers actively involved in their own care decisions; possible incentives to change risky behaviors such as smoking
- Joint Council members were, once again, encouraged to give input, join the larger stakeholder meetings, and/or join workgroups. All are invited to find out more about the workgroups, the models of behavioral health integration that are currently being considered by DHMH, and to stay up-to-date regarding Maryland's behavioral health integration efforts at [www.http://dhmh.maryland.gov/bhd/SitePages/integrationefforts.aspx](http://dhmh.maryland.gov/bhd/SitePages/integrationefforts.aspx).

- **Retirement Announcements:**

The following MHA staff have recently retired or are about to retire:

- Henry Westray, MHA Office of Child & Adolescent Services – June
- Alice Hegner, MHA Office of Core Service Agencies Liaison – June 30th
- Clarissa Netter, MHA Office of Consumer Affairs – July 6
- Randy Price, MHA Office of Administration and Finance – September

All have given many years of service to the State.

To enhance future Director Report highlights, Dr. Hepburn encourages members to submit questions on topics of interest to Cynthia Petion at cpetion@dhmh.state.md.us .

COUNCIL BUSINESS:

The Nominating Committee announced the slate of officers for FY 2013-14. Joint Council members voted as follows: Chair, Sarah Burns; Vice-Chair, Sue Diehl; Co-Coordination, Carol Allenza and T.E. Arthur. Congratulations to all and a special thank you to Bob Pender and Sharon Lipford for their service as Joint Council Officers.

PRESENTATION: Snapshots of Wellness – Clarissa Netter, Director, MHA Office of Consumer Affairs

Snapshots of Wellness is a DVD recently developed by the MHA Office of Consumer Affairs in conjunction with Jennifer Brown of OOOMD. The DVD features excerpts of 18 interviews conducted with individuals with mental illnesses who are in recovery and able to share their journey from despair, homelessness, substance use, etc. to the better lives they enjoy today. The DVD is intended as a training tool and will be a part of upcoming trainings for NAMI and peer specialists across the state to identify and acknowledge Maryland consumers and their efforts towards wellness. If you are interested in finding out more, please contact Robin Poponne at 410-402-8473 or email rlboyd@dhmh.state.md.us .

The meeting was adjourned.

The Executive Committee did not meet today.

Please note, there will not be an August meeting. The Agenda for September 18th Council's meeting will be posted on the Advisory's Council's web page, under the resources section, on MHA's Web site at www.dhmh.maryland.gov/mha .